

AZIENDA ULSS 5 POLESANA

Antituberculosis functional Dispensary

Informations and advices

For the persons living with patient of

PULMONARY TUBERCULOSIS



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What is the Pulmonary Tuberculosis

The Tuberculosis that struck the lungs is a contagious infectious disease caused by a bacillus.

This bacillus is transmitted from a person to person through a ***short cough, sneeze, singing, shouting, speaking.***

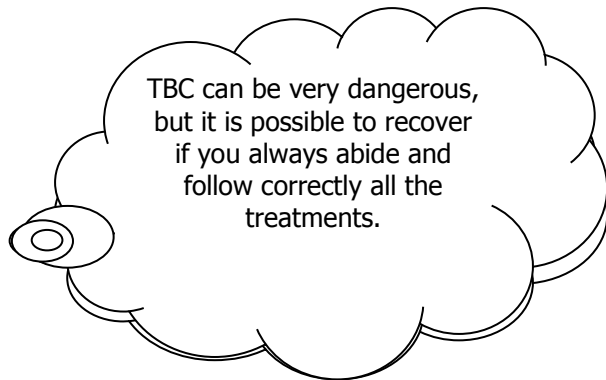


To transmit the disease

it is enough a small quantity of bacillus but there should be a **close and long contact with the sick person.**

To prevent contracting the disease it is very important that the sick person avoid a direct contact with others.

Isolation, during the time your disease is contagious, is important in order to avoid infecting other persons



WHEN THE PATIENT RETURNS HOME

Make sure that the sick person:

- ❖ Respects the isolation rules
- ❖ Takes regularly his medicines
- ❖ Goes to the periodic check-ups
- ❖ Follows all the warnings.

You have to respect the following rules:

- ❖ The bedroom of the sick person should always be closed
- ❖ Limit people who enter the bedroom of the sick; limit the visit of family members and friends; avoid all contact with children



- ❖ Whoever enter the bedroom of the sick person should always wear the small mask that has been provided, covering well **NOSE AND MOUTH**



- ❖ The plastic bag containing the patient's waste handkerchiefs, used mask and other things, should be well closed and thrown away with the rest of the domestic garbages.



- ❖ **Bed sheets, towels and clothes of the patient** can be washed together with the cloths of the rest of the family, also in washing machine; do not leave them outside the bedroom of the patient but wash immediately



- ❖ Nobody should use disposable plates, cups, knife, fork and spoon of the sick person. They should be thrown away immediately after use;



- ❖ The window of the sick persons bedroom should be opened often.



- ❖ You should not use or touch object used by the sick person; first they should be accurately washed with water and soap or with a cleaning product



- ❖ The surface and all the objects from the patient's bedroom should be cleaned and disinfected (bleach diluted 50 times can be used); **always wear disposable gloves.**



Only when the test of the sick person results that the body does not release bacillus of tuberculosis can the isolation period stop and can mix again with other persons;

The patient still continue his treatment because he is not yet recovered.

Only when the patient is recovered the doctor will give him a certificate that will allow him to reassume work or school.

It is very important that all the person living with the sick person do the necessary chek-up and control for prevention against the disease

Traduzione a cura di mediatore culturale della Cooperativa Mediatori Culturale Hope - Onlus di Rovigo Maggio 2010.